



Document Name	Safety Harness Checklist
Document No	MBG.018.1.4
Release Date	1 December 2014

SAFETY HARNESS CHECKLIST

Site:	Serial No:	Inspected by:
Manufacturer:	Storage location:	

Component	Condition/fault to be checked	Checked
Webbing	<ul style="list-style-type: none"> • Cuts or tears • Abrasion damage especially where there is contact with hardware • Excessive stretching • Damage due to contact with heat, corrosives or solvents • Deterioration due to rotting, mildew or ultraviolet exposure • Activation of fall indicators where fitted 	
Snap Hooks and karabiners	<ul style="list-style-type: none"> • Distortion of hook or latch • Cracks or forging folds • Wear at swivels and latch pivot pin • Open rollers • Free movement of roller over its full travel • Broken, weak or misplaced latch springs • Free from dirt or other obstructions eg. rust 	
D-rings	<ul style="list-style-type: none"> • Excessive vertical movement of the straight portion of the D-ring where it is retained by the webbing, so that the corners between the straight and curved sections of the D become completely exposed <p>NOTE: Excessive vertical movement of the D-ring in its mounting can allow the nose of the larger snap hooks to become lodged behind the straight portion of the D, in which case the snap hook can often accidentally roll out of the D under load</p> <ul style="list-style-type: none"> • Cracks especially at the intersection of the straight and curved portions • Distortion or other physical damage of the D-ring • Excessive loss of the cross section due to wear • Check inspection tag is NOT connected to D-ring 	
Buckles and Adjusters	<ul style="list-style-type: none"> • Distortion or other physical damage • Cracks and forging laps where applicable • Bent tongues • Open rollers 	
Sewing	<ul style="list-style-type: none"> • Broken, cut or worn threads • Damage or weakening of threads due to contact with heat, corrosives, solvents or mildew 	



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Ropes	<ul style="list-style-type: none"> • Cuts • Abrasion or fraying • stretching • Damage due to contact with heat, corrosives solvents etc • Deterioration due to ultraviolet light or mildew 	
Chains	<ul style="list-style-type: none"> • Physical damage • Security of attachments to snap hooks, rings and similar 	
General	<ul style="list-style-type: none"> • Harness less than 10 years old 	

Comments: